OAK & OAR LUNCH

STARTERS

BREAD (V)
3 rolls, baked fresh
$6

CALAMARI
flash fried lemon roasted garlic & herb aioli
$15

PORK RIBS (DF)(GF)
molasses lacquer, dry rubbed, roasted corn, cilantro & lime salad
$15

CHICKEN WINGS
tossed in medium bbq wing sauce, blue cheese dip, carrots & celery
$17

SEAFOOD CHOWDER
clams, shrimp, haddock, bacon potato's, cream, dill, baked fresh roll
$15
Add lobster $8
(GF)chowder~ gf bread is available, let your server know

SALAD

CAESAR SALAD
bacon bits, croutons, parmesan cheese
$14

GREEN SALAD
tomatoes, cucumber, pickled red onion apple cider vinaigrette
$13

LOCALLY IMAGINED, SEASONALLY INSPIRED, CLASSICALLY CRAFTED

FISH & CHIPS (DF)
two pieces, Nine Locks dirty blonde beer battered haddock, crispy fries, tartar, slaw
$21

FISHCAKES (DF)
house made haddock cakes, green salad green tomato chow chow
$19

ON BREAD

CHOICE OF GREEN, CAESAR SALAD, FRIES, ONION RINGS OR SEAFOOD CHOWDER add $6
gluten free buns available add $3

LOBSTER ROLL
A true Nova Scotian favourite
$35

CHEESEBURGER
cheddar, bacon, dill pickle, shredded lettuce
$20
MAKE IT A DOUBLE ADD $5

VEGAN BURGER
black bean burger, guacamole, salted onions chopped lettuce, tomato
$18
MAKE IT A DOUBLE ADD $5

FLATBREAD

CHICKEN & BRIE
chicken, brie, bacon jam, pickled onion & arugula
$19

VEGETABLE
mushroom, zucchini, grilled onion, peppers, artichoke, marinara sauce
$15

MENU LEGEND VEGAN (V) VEGETARIAN (GF) GLUTEN FREE (DF) DAIRY FREE

NOT ALL INGREDIENTS ARE LISTED. PLEASE ALERT YOUR SERVER IF YOU HAVE ANY FOOD ALLERGIES.